

THE RESILIENCE TOOLKIT POST-CERTIFICATION INTERNSHIP PROGRAM

Description

Completion of The Resilience Toolkit Certification Training Program prepares competent entry level Certified Resilience Toolkit Facilitators with foundational knowledge of stress and resilience models, behavior change theory, motivational interviewing, trauma-informed approach, and basic experience facilitating select mindfulness and movement self-regulation practices working with individuals and groups. However, it takes hours of facilitation experience with varied populations to deeply integrate the science and theory of The Resilience Toolkit, and to embody the artistry of masterful Toolkit facilitation.

The Resilience Toolkit Post-Certification Internship Program offers Certified Toolkit Facilitators mentored facilitation experience with placements at non-profit and community-based organizations working with a wide range of populations in individual and/or group formats.

Program Details

- Intern is placed at one or more non-profit or community-based organization(s) sites.
- Activities include:
 - Weekly onsite group and/or individual Toolkit facilitation with site staff and/or participants
 - Structured reflective journaling process
 - Monthly mentorship with a Certification Trainer
- Internship period is a minimum of four months up to a maximum of one year.
- Intern must maintain professional liability insurance during the duration of the internship. The policy must provide for coverage of at least \$1,000,000 professional liability limit for each occurrence and \$3,000,000 professional liability limit annual aggregate.
- Three internship positions are paid at \$45 per hour for time spent in Toolkit facilitation and mentorship meetings. All other internships positions are on a volunteer basis.

Application Procedure

Applications are accepted on a rolling basis. Complete the attached form and submit it with your resume by email, fax, or mail to:

Director of Certification
The Resilience Toolkit Training Alliance
454 N Avenue 56 #1
Los Angeles, CA 90042
admin@theresiliencetoolkit.co
Fax 323-258-3905

THE RESILIENCE TOOLKIT POST-CERTIFICATION INTERNSHIP PROGRAM APPLICATION

First Name

Last Name

Phone

Email

Mailing address

Name of your Certification Trainer

Date of Toolkit Certification completion

Toolkit Facilitation Experience

Attach a current [Resilience Toolkit Session Tracker](#) Log

Please answer the following questions:

1. Describe your interest in The Resilience Toolkit Post-Certification Internship Program (Maximum 300 words)

2. Brief description of your goals (Maximum 300 words)

3. What populations are you interested in serving? (Maximum 200 words)

I certify that all of the statements in this application are true and complete to the best of my knowledge.

Signature

Date