

## **THE RESILIENCE TOOLKIT POST-CERTIFICATION INTERNSHIP PROGRAM**

### **Description**

Completion of The Resilience Toolkit Certification Training Program prepares competent entry level Certified Resilience Toolkit Facilitators with foundational knowledge of stress and resilience models, behavior change theory, motivational interviewing, trauma-informed approach, and basic experience facilitating select mindfulness and movement self-regulation practices working with individuals and groups. However, it takes hours of clinical experience with varied populations to deeply integrate the science and theory of The Resilience Toolkit, and to embody the artistry of masterful Toolkit facilitation.

The Resilience Toolkit Post-Certification Internship Program offers Certified Toolkit Facilitators supervised clinical experience with placements at non-profit and community-based organizations working with a wide range of populations in individual and/or group formats.

### **Program Details**

- Intern is placed at one or more non-profit or community-based organization(s) sites.
- Activities include:
  - Weekly onsite group and/or individual Toolkit facilitation with site staff and/or participants
  - Structured reflective journaling process
  - Monthly supervision with a Certification Trainer
- Internship period is a minimum of four months up to a maximum of one year.
- Intern must maintain professional liability insurance during the duration of the internship. The policy must provide for coverage of at least \$1,000,000 professional liability limit for each occurrence and \$3,000,000 professional liability limit annual aggregate.
- Three internship positions are paid at \$45 per hour for time spent in Toolkit facilitation and supervision meetings. All other internships positions are on a volunteer basis.

### **Application Procedure**

Applications are accepted on a rolling basis. Complete the attached form and submit it with your resume by email, fax, or mail to:

Director of Certification  
The Resilience Toolkit Training Alliance  
454 N Avenue 56 #1  
Los Angeles, CA 90042  
admin@theresiliencetoolkit.co  
Fax 323-258-3905

## THE RESILIENCE TOOLKIT POST-CERTIFICATION INTERNSHIP PROGRAM APPLICATION

---

First Name

---

Last Name

---

Phone

---

Email

---

Mailing address

---

Name of your Certification Trainer

---

Date of Toolkit Certification completion

### **Toolkit Facilitation Experience**

Attach a current [Resilience Toolkit Session Tracker](#) Log

### **Please answer the following questions:**

1. Describe your interest in The Resilience Toolkit Post-Certification Internship Program (Maximum 300 words)

2. Brief description of your goals for as a Toolkit Facilitator (Maximum 300 words)

3. What populations are you interested in serving? (Maximum 200 words)

*I certify that all of the statements in this application are true and complete to the best of my knowledge.*

---

Signature

---

Date